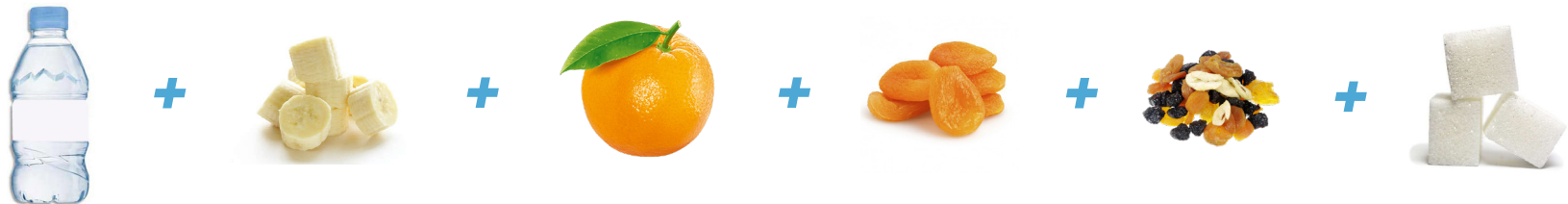


COMPOSITION RAVITAILLEMENT PARCOURS

*5K du 10K
de Rouen*

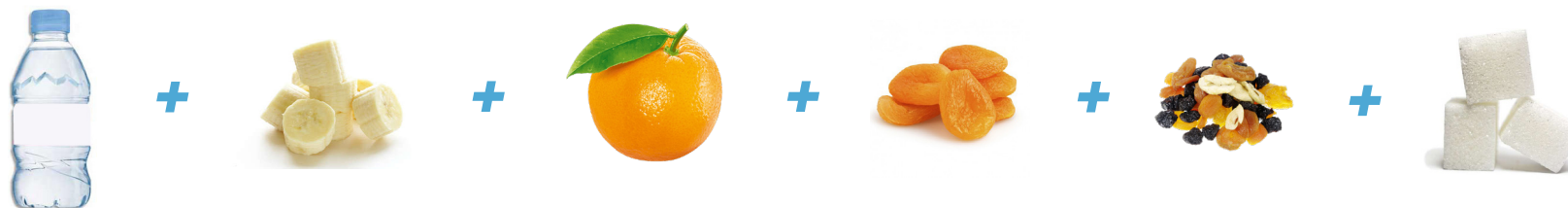


*5K, 10K
et 15K SEMI*

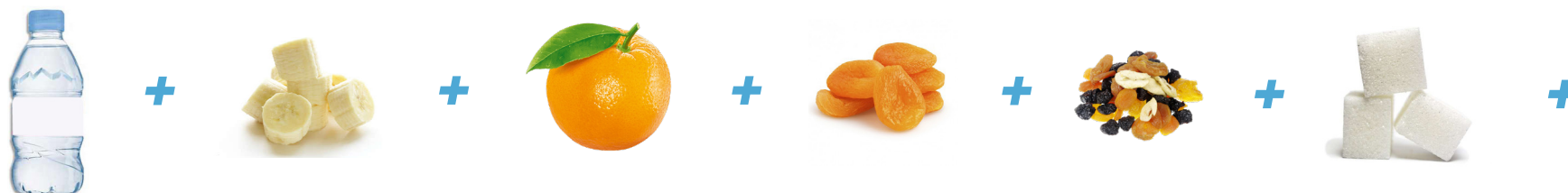


COMPOSITION RAVITAILLEMENT PARCOURS

*5K, 10K, 15K
et 20K MARATHON*



*25K, 30K, 35K
et 40K MARATHON*



COMPOSITION RAVITAILLEMENT ARRIVÉE

5KM

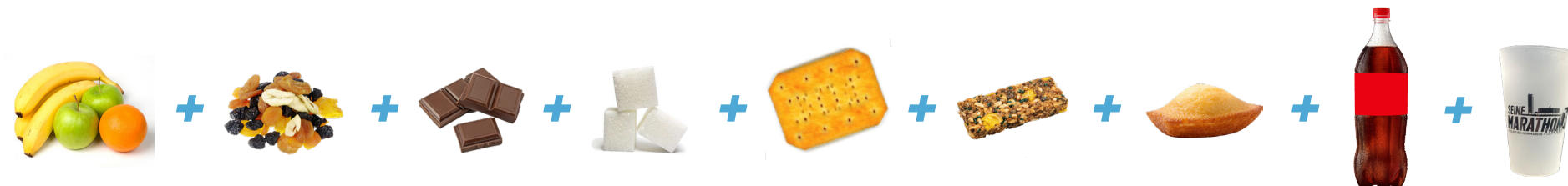


*Ecocup + fontaine à eau
à l'arrivée de chaque course*

10KM



SEMI



MARATHON

